



Princess Quest Activity

#ImagineEquity

Hello, and welcome to The Imagine Neighborhood!

What is The Imagine Neighborhood?

The Imagine Neighborhood is an award-winning podcast that teaches kids and their grown-ups social-emotional skills like building friendships, practicing patience, and finding calm. Our show takes place in a special, magical neighborhood; a place where it sometimes rains rubber chickens or you have to hop on rocks to cross Lava Avenue. The Imagine Neighborhood lives inside everyone's imagination, and every week we tell fun stories about the fun things that happen here.

Talking about race and identity with your kids:

In The Imagine Neighborhood, we strive to create a world where everyone is treated fairly. But it's important to remember that a fair and equitable world is one that requires effort, focus, and conversation. Kids as young as five years old begin to notice racial differences and internalize biases. You can help equip your kids for these kinds of conversations by encouraging questions and by finding shows, books, and podcasts with strong diverse representation.

PRINCESS QUEST!

The team at The Imagine Neighborhood partnered with multiple esteemed researchers in the field of positive racial identity development to create a six-part series titled Imagine Equity: Six New Stories About Race, Identity, and Making Things Right. In this episode, "The Princess Quest," Princess Donnasaurus meets a few different kinds of princesses . . . and she has some questions. How can there be so many different kinds of princesses, who all look different, who all have different identities—but they're still princesses? Teaming up, they learn that a true princess is kind, brave, proud of who they are, and takes care of their neighborhood. All princesses have that in common, but it's important to celebrate our differences too!

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Your identity is made up of all the things about you that make you who you are, and it's special to you. There are many different parts that make up your identity: who you are, the way you think, and all the ways that you belong in the world. At first, Princess Donnasaurus and Princess Tia don't think they can have the same identity as princesses because they look so different. But what they have in common is even more important: how they treat other people.

As you listen together to "The Princess Quest," ask the kids to think about their own identities with questions like: What are parts of your identity that you want others to know about? What's something awesome about your identity that you can see in the mirror? And what's something awesome that you can't see? What do you like about having friends with identities different from yours?

Ask your kids to draw a picture about their identity. Encourage them to include both the parts of their identity that they see in the mirror and the parts that aren't visible on the outside (like something they care about or love to do).

More discussion questions as you listen:

Question 1

What is identity?

Answer: Your identity is all the things about you that make you

Question 2

What makes you a princess? Do you have to have a crown or look a certain way?

Answer: You don't need a crown, and you don't even have to be a dinosaur, or a human, or a girl. A true princess is kind, brave, and proud of who they are, and they take care of their neighborhood.

Question 3

Who are the princesses in your life? Do you know people who are kind, brave, proud of who they are, and who take care of their neighborhood? Could you be a princess?

Additional resources:

[It's Okay To Feel Different](#); Learning for Justice

[P.R.I.D.E.](#) (Positive Racial Identity Development in Early Education); University of Pittsburgh

Imagine Equity series; The Imagine Neighborhood